

All members of the Kidz Kare family take our cleanliness, hygiene and sanitation very seriously. While we teach health sanitation practices daily, during the Covid-19 pandemic period we will heighten our vigilance and implement additional practices.

**Practice proper hand hygiene and respiratory etiquette:**

- Regularly practice handwashing with soap and water for at least 20 seconds. The teachers have adopted humming the happy birthday song twice with the children.
- Children will be encouraged to wash their hands on the hour and alarms will be set in all classrooms to help establish the habit. Regular handwashing will still occur when entering from the playground, before and after eating and when obvious signs of unclean hands appear.
- If soap and water are not available, adults will utilize an alcohol-based hand sanitizer, provided hands are not visibly soiled.
- Kidz Kare will provide additional hand sanitizer stations (e.g., wall mounted hand sanitizer dispensers) in supervised areas.
- Cover your cough or sneeze into a tissue. Immediately throw the tissue in the garbage and wash your hands. If you don't have a tissue, sneeze or cough into your sleeve.
- Avoid touching your face (especially nose, mouth and eyes) with unwashed hands.
- Our team will monitor hand hygiene supplies to ensure adequate amounts of liquid soap, paper towel, hand sanitizer, tissues, and waste receptacles lined with plastic bags.

**Enhanced environmental cleaning and disinfecting schedules:**

- Cleaning refers to the removal of dirt and organic material from surfaces. Cleaning alone does not kill or deactivate germs.
- Disinfection works by using chemicals to kill/deactivate germs on surfaces. This process does not work effectively if surfaces are not cleaned first.
- High-touch surfaces and items in common areas (ie: tables, chairs, toys, indoor/outdoor play equipment, doorknobs, light switches, handles, desks, toilets, sinks, electronic devices) must be cleaned and disinfected at least twice daily, when visibly dirty, and after contact with body fluids (ie: saliva).
- Disinfect cots after each use. Linens must be laundered between children.

- Low-touch surfaces (e.g. floors, wall, and windowsills) must be cleaned and disinfected as needed.
- Disinfectants should have a Drug Identification Number (DIN). A DIN is an 8-digit number given by Health Canada that confirms it is approved for use in Canada. Alternatively, chlorine bleach solutions, may be used for disinfection.
- We will be utilizing the Outbreak model during this recovery phase which consists of 1teaspoon (5mL) bleach per cup (250mL) of water or 4 teaspoons (20mL) bleach per litre (1000mL) of water.
- Our cleaner is our full-time employee who is commonly referred to as our “Queen of Clean”. During this Covid-19 reopening period, her shift has changed from overnight, to 12:00pm to 8:00pm in order to provide extra support and resources to the team in cleaning the commonly used shared areas.

Should you have any questions or need further clarification on this matter, please notify [TorontoSupport@kidzkare.ca](mailto:TorontoSupport@kidzkare.ca).